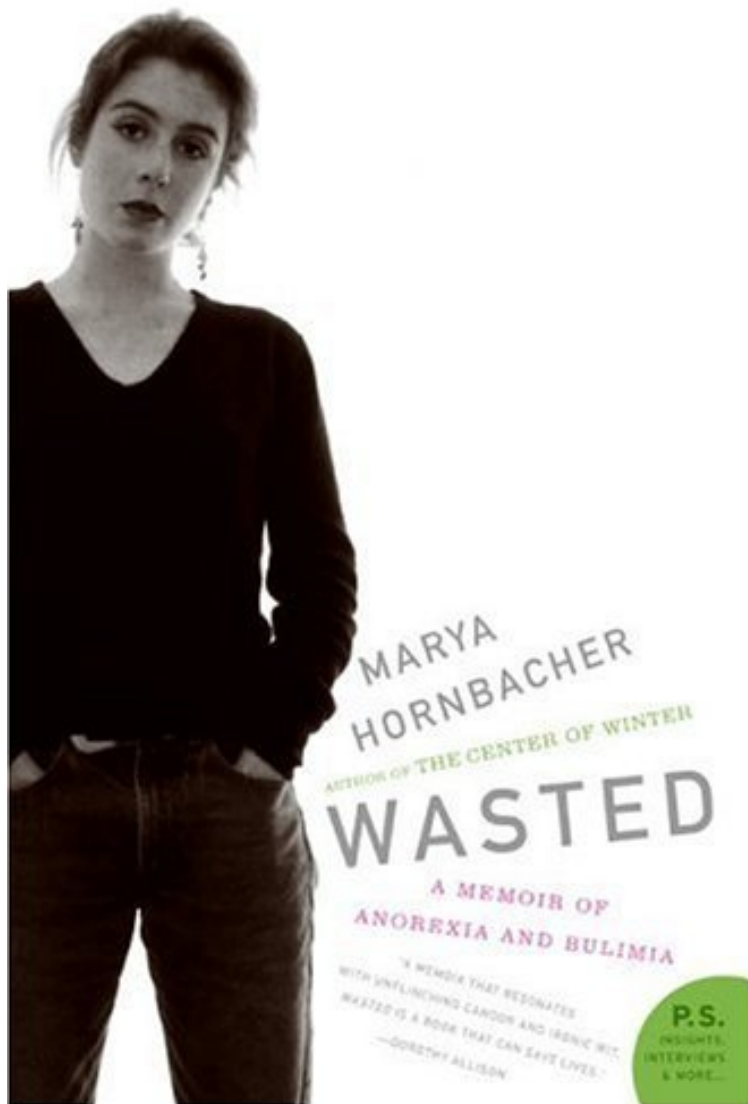


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Wasted: A Memoir of Anorexia and Bulimia



Par Marya Hornbacher
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Description :

Prsentation de l'diteurWhy would a talented young woman enter into a torrid affair with hunger, drugs, sex, and death? Through five lengthy hospital stays, endless therapy, and the loss of family, friends, jobs, and all sense of what it means to be "normal," Marya Hornbacher lovingly embraced her anorexia and bulimia -- until a particularly horrifying bout with the disease in college put the romance of wasting away to rest forever. A vivid, honest, and emotionally wrenching memoir, *Wasted* is the story of one woman's travels to reality's darker side -- and her decision to find her way back on her own terms.Revue de presseA memoir that resonates with unflinching candor and ironic wit, *Wasted* is a book that can save lives. The courage that prompted it awes me. Yes, this one is not to be missed. (Dorothy Allison)A scary but tentatively triumphant memoir...[Told] with grace, sharp humor and candor. (San Francisco Chronicle)Her book will be value not

only to fellow sufferers: Any woman who has ever been made gleeful by the diminishing of her physical self will gain from reading this painful and sharp-boned account. (Newsday)Hornbacher writes like an artist, shaping her themes without self-pity or self-importance, wondering with intelligence why the dissatisfaction everyone feels with life is so often blamed on the female body. (Village Voice)Powerful, compelling, intelligent....A memoir that has the tension and movement of a well-paced novel. You simply cannot put Wasted down. (San Diego Union Tribune)Startlingly frank, breathtakingly emotive. (Elle)Stunning...A tortured-yet-compelling account of a life spent bingeing, purging, and starving...A primal scream of a story sure to resonate even with those who possess a healthy attitude toward food and weight. (Glamour)Stunning..a tortured-yet-compelling account of a life spent bingeing, purging, and starving..A primal scream of a story sure to resonate even with those who possess a healthy attitude toward food and weight. (Glamour)This is a terrifically well-written book, completely devoid of self-pity. (Entertainment Weekly)An unsparing, terrifying, razor-edged self-portrait that cuts right into the heart of this most paradoxical of psychological disorders. (Patricia Chao)Prsentation de l'diteurWhy would a talented young woman enter into a torrid affair with hunger, drugs, sex, and death? Through five lengthy hospital stays, endless therapy, and the loss of family, friends, jobs, and all sense of what it means to be "normal," Marya Hornbacher lovingly embraced her anorexia and bulimia -- until a particularly horrifying bout with the disease in college put the romance of wasting away to rest forever. A vivid, honest, and emotionally wrenching memoir, Wasted is the story of one woman's travels to reality's darker side -- and her decision to find her way back on her own terms.