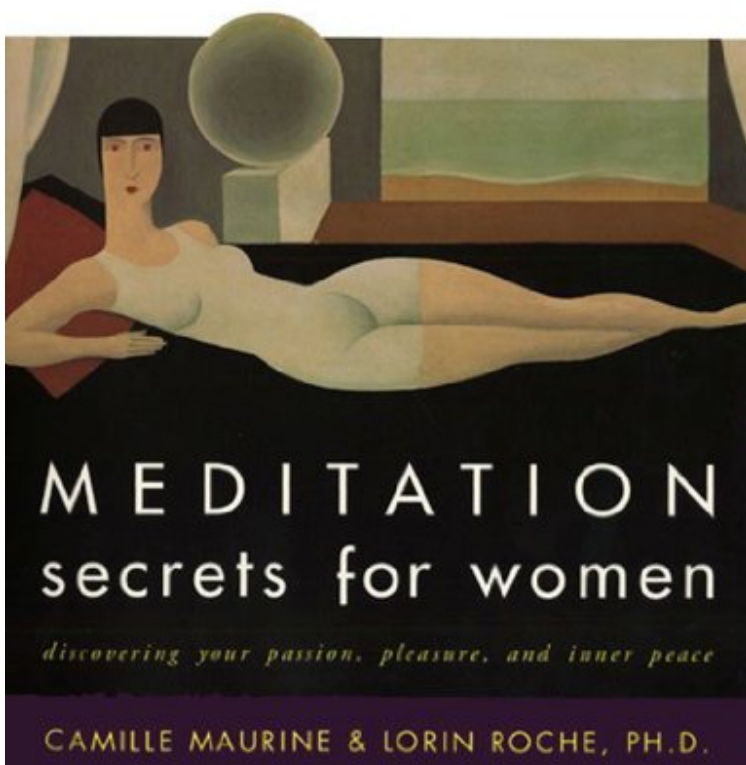


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Revue de presse... teaches you how to meditate with full access to the emotions and body wisdom that are part of the Divine. --Christiane Northrup, MD, author of

Women's Bodies, Women's Wisdom...wise, wonderful, and revolutionary. It returns the whole human being to joy, restorative serenity, and embodied, psychological and spiritual expansiveness. --Sylvia Brinton Perera, author of *Descent to the Goddess and Queen Maeve and Her Lovers* Applause goes to the authors who bring exciting new insights into the embodied art of meditation. --Emilie Conrad, founder of Continuum
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