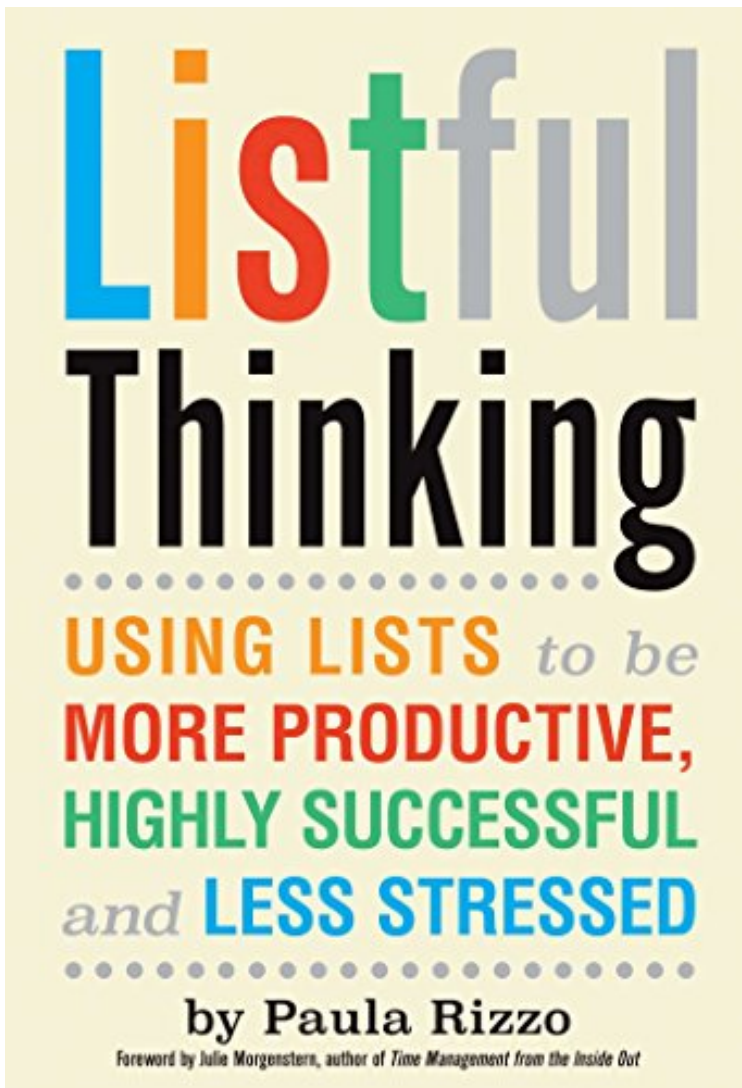


(Free download) File size: 63.Mb

Listful Thinking: Using Lists to Be More Productive, Successful and Less Stressed (English Edition)



*Par Julie Morgenstern Paula Rizzo
ePub | *DOC | audiobook | ebooks |
Download PDF*

Dtails sur le produit Rang parmi les ventes : #342138 dans eBooksPubli le: 2015-01-13Sorti le: 2015-01-13Format: Ebook Kindle

(Free download) Listful Thinking: Using Lists to Be More Productive, Successful and Less Stressed (English Edition)

Par Julie Morgenstern Paula Rizzo : Listful Thinking: Using Lists to Be More Productive, Successful and Less Stressed (English Edition) before purchasing it in order to gage whether or not it would be worth my time, and all praised Listful Thinking: Using Lists to Be More Productive, Successful and Less Stressed (English Edition):

Download

Read Online

Description :

Prsentation de l'diteurWhat do Madonna, Martha Stewart, John Lennon, Ellen DeGeneres, Ben Franklin, Ronald Reagan, Leonardo da Vinci, Thomas Edison, and Johnny Cash have in common? Each is (or was) a list maker. These successful people, along with CEOs and successful entrepreneurs, all use lists to keep track of their ideas, thoughts, and tasks. Finding enough hours in the day to get everything accomplished and allow for some downtime can be a struggle. It's no wonder so many of us are stressed, overextended, and exhausted. More than half of all American employees feel overwhelmed, according to a study by the

nonprofit Family and Work Institute. For the 54 percent of us who feel like we were chasing our own tails, Listful Thinking is here to prove that it doesn't have to be that way. You can still find time to relax, read a good book, and do the things you love. Listful Thinking is the book that will give readers their lives back with indispensable tips on saving time, getting organized, improving productivity, saving money, and reducing stress.

Présentation de l'auteur What do Madonna, Martha Stewart, John Lennon, Ellen DeGeneres, Ben Franklin, Ronald Reagan, Leonardo da Vinci, Thomas Edison, and Johnny Cash have in common? Each is (or was) a list maker. These successful people, along with CEOs and successful entrepreneurs, all use lists to keep track of their ideas, thoughts, and tasks. Finding enough hours in the day to get everything accomplished and allow for some downtime can be a struggle. It's no wonder so many of us are stressed, overextended, and exhausted. More than half of all American employees feel overwhelmed, according to a study by the nonprofit Family and Work Institute. For the 54 percent of us who feel like we were chasing our own tails, Listful Thinking is here to prove that it doesn't have to be that way. You can still find time to relax, read a good book, and do the things you love. Listful Thinking is the book that will give readers their lives back with indispensable tips on saving time, getting organized, improving productivity, saving money, and reducing stress.